

# Discover our new menu with great dishes to fuel up and get active

Week 1 W/C: 17.04.23 / 08.05.23 / 05.06.23 / 26.06.23 / 17.07.23 / 18.09.23 / 09.10.23

### **OPTION 1**

Monday Hot Dog 🦮 🛓

**Tuesday** Chicken Curry

Wednesday **Roast Beef with** Yorkshire Pudding 😘 🌂 🛍 & Gravy

**Thursday Scone Dough Cheese & Tomato** Pizza 😯 🦎 🛍

> **Friday Breaded Fish Fillet** .a 🦮 📙 🤣

#### OPTION 2

**Monday** Veggie Hot Dog 🏵 🦎

**Tuesday** Vegetable Curry 🗘 🛍

Wednesday **Veggie Toad in the Hole** 

**Thursday** Veggie Tacos 🏵 🥍 🤻

**Friday** Quorn Dippers 🏵 💥

# PASTA OPTION

**Monday** Italian Pasta Bowl 👽 🦄 📠

**Tuesday Neapolitan Pasta Bowl** 

Wednesday **Popeye Pasta Bowl** 

**Thursday Macaroni Cheese ♥** ₩ € =

**Friday Tomato Ragu Pasta Bowl** 

# **DESSERT**

Monday Cookie 🕅

Tuesday Chocolate Cracknel M

Wednesday Fresh Fruit with Bitesize Flapjack

**Thursday** Ice Cream 🛍 with Peaches 🍎

**Friday Chocolate Orange** Muffin 😭 🕅

Week 2 W/C: 24.04.23 / \*15.05.23 / 12.06.23 / 03.07.23 / 04.09.23 / 25.09.23 / 16.10.23

## OPTION 1

Monday Veggie Sausage Roll 醛 🦎

**Tuesday Sweet Chilli Chicken** 

Wednesday **Roast Pork with Stuffing \* & Gravy** 

**Thursday** Organic Beef Meatballs 🔌 in a Tomato sauce

**Friday** Salmon Fishcake 👄 🦎

#### **OPTION 2**

Monday Savoury Mince 🍄 🆑

**Tuesday** Sticky Noodles 👽 😘 🤻

Wednesday **Cheese & Broccoli Bake ♥** ₩ № ■

**Thursday** Vegan Meatballs 💥 in Homemade Tomato Sauce 🗫

Friday Brunch Pattie 👽 🛀 🦄 🞼

# **PASTA OPTION**

Monday **Neapolitan Pasta Bowl** 

**Tuesday** 

Tomato Ragu Pasta Bowl 

Wednesday Italian Pasta Bowl 👽 🗯

**Thursday** Popeye Pasta Bowl V Mis

> **Friday Macaroni Cheese**

#### **DESSERT**

Monday Chocolate Cookie 🦄

**Tuesday** Berry Muffin 🖼 🦎

Wednesday Strawberry Mousse

**Thursday Fresh Fruit with Bitesize** Cereal Bar

> **Friday** Fruit Crumble & Custard 🛍 🍏

Week 3 W/C: \*01.05.23 / 22.05.23 / \*19.06.23 / \*10.07.23 / 11.09.23 / \*02.10.23

### **OPTION 1**

Monday Organic Beef Burger 🦎 in a Bun 🦎

Tuesday Margherita Pizza 👽 🦄 🖪

Wednesday **Roast Gammon with Gravy** 

> **Thursday Cowboy Mince**

**Friday** Fish Fingers 💩 🕅 🥟

## **OPTION 2**

Monday Veggie Burger 🦎 in a Bun 🏵 🦎

Tuesday Vegan Chilli with Rice 🏵

Wednesday Roast Quorn Fillet 😭 with Gravy V

**Thursday** Cheesy Bean Enchilada 🕈 🥍 🖪

> **Friday** Vegetable Fingers 🏵 🦎

# **PASTA OPTION**

Monday Popeye Pasta Bowl V Mis

Tuesday Italian Pasta Bowl 👽 🦮 📠

> Wednesday **Macaroni Cheese**

**Thursday Neapolitan Pasta Bowl** 

**Friday Tomato Ragu** Pasta Bowl 👽 🦎 🛍

### **DESSERT**

Monday Shortbread Slice

**Tuesday Fresh Fruit with Bitesize Lemon** Cake 😭 🕅 🖆 🍎

> Wednesday Fruit Jelly

**Thursday** Chocolate Crunch 😘 💥

**Friday** Rhubarb Cake 😭 🦎

Side dishes (potatoes, rice etc), bread & seasonal vegetables or salad served with every meal Daily - voghurt & fresh fruit • All desserts are suitable for vegetarians

Seafood with this mark comes from an MSC certified sustainable fishery. www.msc.org









